

GRYPHON FOOTBALL

MARCH. 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OFF SEASON- FOR ALL 9TH. 11TH GRADERS. 4-6:00 PM STUDY HALL/ FB 101 DURING CLASS (A1/A4/B4)	OFF SEASON- FOR ALL CURRENT 8TH GRADERS. 4-6:00 PM		1 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	2 8TH GRADERS-ATTEND OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	3 OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	4 OFF
5	6 8TH GRADERS-ATTEND OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	7 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	8 8TH GRADERS-ATTEND OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	9 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	10 OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	11 OFF
12 OFF	13 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	14 8TH GRADERS-ATTEND OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	15 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	16 8TH GRADERS-ATTEND OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	17 NO WORKOUT AFTER SCHOOL	18 OFF
19 OFF	20 SPRING BREAK	21 SPRING BREAK	22 SPRING BREAK	23 SPRING BREAK	24 SPRING BREAK	25 OFF
26 OFF	27 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	28 8TH GRADERS-ATTEND OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	29 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00) Mandatory parent mtg. @ 6 pm/ SW cafeteria	30 8TH GRADERS-ATTEND OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	31 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	

GRYPHON FOOTBALL

APRIL 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OFF SEASON- FOR ALL 9TH-11TH GRADERS. 4-6:00 PM STUDY HALL/ FB 101 DURING CLASS (A1/A4/B4) OFF SEASON- FOR ALL CURRENT 8TH GRADERS. 4-6:00 PM	3 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	4 8TH GRADERS-ATTEND OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	5 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	6 8TH GRADERS-ATTEND OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	7 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	8 OFF
16 OFF	10 8TH GRADERS-ATTEND OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	11 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	12 8TH GRADERS-ATTEND OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	13 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	14 8TH GRADERS-ATTEND OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	15 OFF
23 OFF	17 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	18 8TH GRADERS-ATTEND OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	19 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	20 8TH GRADERS-ATTEND OFF SEASON-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00)	21 8TH GRADERS-ATTEND OFF SEASON-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00)	22 OFF
30 OFF	25 8TH GRADERS-ATTEND SPRING BALL-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00) FULL PADS # 1	26 8TH GRADERS-ATTEND SPRING BALL-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00) HELMET/ TSHIRT/SHORT	27 8TH GRADERS-ATTEND SPRING BALL-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00) FULL PADS # 2	28 8TH GRADERS-ATTEND SPRING BALL-mandatory (FB 101 2:15-3:45) (Off season- 4:00-6:00) HELMET/ TSHIRT/SHORT	29 8TH GRADERS-ATTEND SPRING BALL-mandatory (study hall 2:15-3:45) (Off season- 4:00-6:00) FULL PADS # 3	30 OFF